



June 13, 2017

Dear KIPP families,

KIPP Baltimore and our partners at the Rales Health Center congratulate you on a successful 2016-17 school year and look forward to welcoming you back for 2017-18! We look forward to working with you to keep your KIPPster healthy, in school, and ready to learn. As part of this effort, we are pleased to offer several health screenings.

In this packet, you will find information about **health screenings** that Rales Health Center (RHC) staff will conduct this year. All students will be screened. If you **DO NOT** want your child to be screened you may sign below to **OPT OUT**. If you **DO** want your child to be screened, you do not have to return this form.

Please feel free to call the Rales Health Center at 410-396-7844 with any questions about the screenings and other information in this packet. We look forward to another year working with your wonderful children.

Many thanks,

Katherine Connor, MD, MSPH

The Rales Health Center Team Medical Director

Marsha Reeves

KIPP Baltimore Executive Director

Health Screenings

Rales Health Center staff will conduct the following health screenings this year. All children will be screened. If you DO NOT want your child to be screened, please sign and return this form. **If you DO want your child to be screened, you do not have to return this form.**

Vision Screening – select grades, fall 2017

This free vision screening program is offered to students in select grades. The goal is to screen all students at least every other year. Students do not have to be enrolled in the Rales Health Center to be screened and parents do not have to be present.

The screening is very similar to the screening already done by the Baltimore City Health Department for grades K, 1, and 8 and will include: vision testing, cover-uncover test, stereopsis (3D vision), color vision, and extraocular movements. No physical contact is made with your child and eye drops are not used. This screening finds 85-90% of children who have a problem with their eyes.

A letter with your child's results will be sent home. At school, the information will be kept with your student's health record in the nurse's office. You may get a phone call after the screening if your child needs to see an eye doctor. If you DO NOT want your child to be screened- sign here.

Child name Grade Parent signature

***FitnessGram* Screening – all grades, throughout the year**

Through physical education class, KIPPsters participate in *FitnessGram*. The *FitnessGram* is an assessment based not on athletic ability, but on good health. *FitnessGram* provides information about your child's level of physical fitness.

This year height and weight data will be collected in order to determine **Body Mass Index (BMI)**. The *FitnessGram* standards for BMI are based on the level of fitness recommended for good health. These data are confidential and are part of the total health fitness assessment report that will be sent home to parents.

If you DO NOT want your child to be screened- sign here.

Child name Grade Parent signature

Asthma Screening – select grades, early fall 2017

It is the priority of the school nurses to have a complete list of students with chronic health conditions. This allows them to be prepared to provide treatment in school if necessary. In homeroom this year, children in certain grades will be given an **asthma screening** questionnaire. The goal is to screen students at least once in elementary school and at least once in middle school. Your student will answer yes or no to the following questions:

1. I have more problems breathing than most kids after I run or play hard.
2. When I am awake my breathing sounds noisy.
3. I take medicine for asthma.
4. I went to the hospital or emergency room because I had trouble breathing.

If your child screens positive for asthma you may receive a call to discuss their care in school. If we are already aware of your child's asthma and we have all of the necessary medications and supplies at school, you will not be called.

If you DO NOT want your child to be screened- sign here.

Child name Grade Parent signature