*In a truly one of a kind partnership, the Rales Team supports KIPP Baltimore teachers, administrators and staff to implement the CDC's Whole School, Whole Community, Whole Child Model. This model, and thus the work of the Rales team, attempts to address critical health and education outcomes through an integrated approach to health and education, supporting the work of the health center and the school to ensure that all KIPP Baltimore students have the knowledge and skills necessary to lead happy, healthy, productive lives.*

*Examples of specific wellness activities include:*

* *Healthy Cooking Club for 3rd and 4th graders*
* *Cooking demonstrations with a professional chef for parents*
* *Before and after school physical activity programs for students*
* *Staff wellness challenges*
* *Whole school wellness campaigns on topics ranging from nutrition, to dental health and cold/flu prevention*
* *In class physical activity and brain breaks*
* *Support of school wide climate initiatives*
* *Mindfulness in the classroom*